



Anti-rape & AIDS Control Outreach

because dolphins give life to the sea just as education gives life to children

Prevention Against Sexual Abuse For Boys

1. Boys should respect girls and women just like their own sisters, mothers, aunts or grandmothers.
2. Boys should respect their female teachers just as you respect your male teachers.
3. Don't accept lifts, free rides, gifts, money or food from people you don't know. They can be used to lure you.
4. Do not allow men, women, female pupils, or female teachers to touch your body parts, especially your buttocks and private parts.
5. Do not read or watch pornographic materials, including videos and books. This can sexually stimulate you. Sex will come later. Now is the time for education.
6. Do not take any drugs or drink alcohol because you could engage in criminal activities, including rape. When you are under the influence of drugs or alcohol, your mental state is abnormal.
7. Do not over-trust strangers by accompanying them places or showing them where they want to go.
8. When you are traveling from school or anywhere else, go home quickly and avoid playing too much along the way. A good child does not loiter. Make sure you are home before it is late.
9. You should always walk in groups. Rapists and criminals target people who are alone. If you are with a group, you can scream and easily get help.
10. Do not go out at night, even to shops, the posho mill, river, neighbor's houses, or to play.
11. When walking, be alert and don't respond to calls from people you do not know.
12. Never get into the middle of a fight, even if you are trying to help. It could be a plan to get you.
13. Don't keep silent when people try to make advances at you. Say NO or STOP and tell someone you trust about it.
14. Remember that women have the right to say NO to sex. Now is the time for education, and those things will come later. Respect women and honor them when they say NO.
15. Rape is a devastating crime and spreads HIV/AIDS. If you or someone you know has been raped, seek counseling and an HIV test. Tell your male friends that rape is wrong and it can kill.

Education Specifically for Secondary School Boys

1. You must educate yourself about HIV and make the right choices to protect yourselves:
 - You should remain **abstinent** until you are married. Now is the time for school, and sex will come later. Abstinence is the only 100% effective way to protect yourself from HIV/AIDS.
 - When you are married or engaged, you must **be faithful**. Being faithful means that you do not have any other sexual partners besides your wife or fiancée. Your husband or fiancée must also remain faithful to you in order to prevent the spread of the disease.
 - If you do have sex before marriage, or if you are unfaithful, you must use a **condom**. Condoms can be over 90% effective in preventing the spread of HIV/AIDS if used correctly. Visit a VCT for more information.

Join us in speaking out against rape. Together we can end violence against women.